



SWIMMING TEAM

MELBOURNE • AUSTRALIA

PO Box 502, Ashburton VIC 3147

www.m1swimmingclub.org.au



M1 JUNIOR CLINIC

Saturday 1 September 2018

1.00pm - 3.00pm

Aquanation - Ringwood (indoor pool)

M1 will be conducting a clinic for junior club members aged 8-10 years and new members aged 11 years.

The clinic will provide an opportunity for young members to develop the following:

- Race skills
- Learn the rules of competitive swimming
- Build connections with M1 team mates across our campuses
- What to do at swimming competitions
- Learn about Swimming Australia's Junior Excellence program

Coaches from Tateswim and Academy of Swimming will be conducting the clinic. The club is funding this clinic, so it is free to members.

Register online at:

www.m1swimmingclub.org.au

(please register by Friday 31 August)

Note: Swimmers do not need to bring training equipment (other than bathers and goggles)

